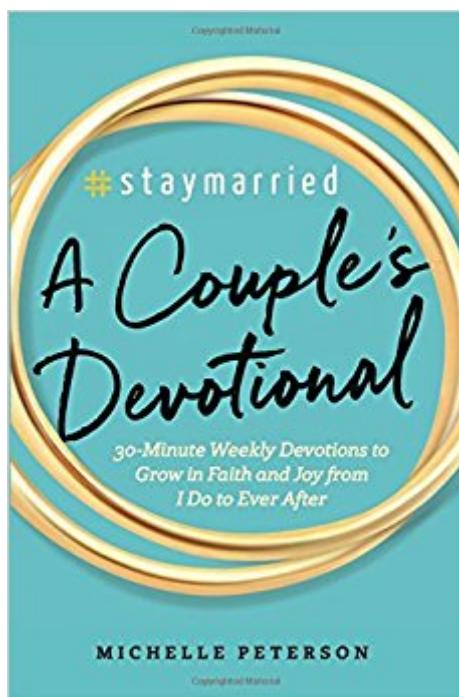


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# #Staymarried: A Couples Devotional: 30-Minute Weekly Devotions To Grow In Faith And Joy From I Do To Ever After



## Synopsis

#staymarried: A Couple's Devotional is filled with practical advice on what it takes to create a marriage that beats the odds. Every chapter of this couple's devotional is a powerful reminder of how small changes in awareness and actions can be the tipping point in any relationship. <sup>•</sup>Dave Nelson, Lead Pastor, Great Lakes Church, Kenosha, WI Strong marriages don't just happen. They require commitment, time, and faith which can often be difficult to achieve amid the hustle and bustle of our daily lives. But this kind of dedication is essential, not just to getting married, but to staying married. After five years of marriage, Michelle Peterson discovered that many of the couples she knew were separating or getting divorced, and found herself asking a question that would become the foundation of her life's work: What does it take to stay married? From this question Michelle developed the popular blog and podcast, #staymarried, which has helped hundreds of thousands of couples improve their marriages. #staymarried: A Couple's Devotional combines everything Michelle has learned in one welcoming and applicable couple's devotional. In #staymarried: A Couple's Devotional, scripture-based devotions help you and your spouse work together to strengthen your relationship to each other and God. In this couple's devotional, you'll find: Devotions that require only 30 minutes per week and address everything from finances and arguments to trust and intimacy. Wisdom from the Bible incorporated with up-to-date research from research-based sources such as The Gottman Institute. Inclusive, open-minded guidance that applies to a diverse range of couples. With #staymarried: A Couple's Devotional, you and your spouse will learn to connect meaningfully and communicate honestly while renewing your shared commitment to your marriage and faith.

## Book Information

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## Customer Reviews

Ã¢ "WeÃ¢ "ve been searching for a great book to recommend to newlyweds, but have struggled to find one book that covers all of the most important bases. Michelle Peterson has finally written that book! With every page, she skillfully, thoughtfully and practically lays out GodÃ¢ 's strategies to help you #staymarried.Ã¢ "AÃ¢ " Jesse & Marisa Butterworth, Pastors of Rain City Church, Bellevue, WA Ã¢ "This book is a must-read for every couple who wants to get married and stay married. Michelle Peterson weaves scientific research and biblical truth into this collection of easy-to-read and relatable devotions, which in themselves are an easy and fun way for couples to grow deeper in their faith and closer with each other.Ã¢ "AÃ¢ " Rachel Terrill, Ph.D., Professor of Love and Communication, Lebanon, IN Ã¢ " #staymarried: A CoupleÃ¢ 's Devotional is the kind of resource couples are fortunate to discover. Whether youÃ¢ "re gay or straight, MichelleÃ¢ 's heart and wisdom will enrich your marriage with thoughtful and accessible reflections on healthy relationship-building. The weekly devotionals are perfect for couples looking to strengthen their marriage bond.Ã¢ "AÃ¢ " David and Constantino Khalaf, creators of the blog Modern Kinship (daveandtino.com) Ã¢ "The married couples who have achieved greatness are not just lucky. They were intentional with their time and put effort into their relationship. Michelle's devotional is raw, authentic, and highly practical for the everyday couple looking for ways to connect. No matter where you're at in your marriage, this will end up being the go-to resource you've been looking for.Ã¢ "AÃ¢ " Casey & Meygan Caston, founders of Marriage365.org Ã¢ "Marriage is a spiritual path because it invites us to love ourselves, and love someone else better - especially when it is most difficult to do. #staymarried: A CoupleÃ¢ 's Devotional helps all couples live the truth of lifelong love, and in so doing, helps each other become the people God calls forth. Just like your love, this devotional is a living companion you can revisit season after season.Ã¢ "AÃ¢ " Tina Schermer Sellers, PhD, associate professor of MFT and sex therapy at Seattle Pacific University, and author of *Sex, God, and the Conservative Church- Erasing Shame from Sexual Intimacy* Ã¢ "It might surprise you to learn that the Bible doesn't actually say very much about marriage. There's the bit in Genesis that is then repeated in the New Testament, and then followed by the phrase, 'this is a profound mystery.' Michelle Peterson's reflections are also profound and she does a great job at de-mystifying marriage. Her voice is sincere and winsome and her insights are sure to create meaningful

conversation for any couple seeking to become more united. •Zach Brittle, LMHC, Couples Therapist and author of *The Relationship Alphabet*, Seattle, WA "This book is filled with practical advice on what it takes to create a marriage that beats the odds. Every chapter is a powerful reminder of how small changes in awareness and actions can be the tipping point in any relationship." •Dave Nelson, Lead Pastor, Great Lakes Church, Kenosha, WI "If you've ever wondered what people mean when they say, 'Marriage is a lot of work,' this book is for you. And this work is the most noble work you'll ever do." •Nate Bagley, Founder of The Loveumentary Podcast, Salt Lake City, UT

MICHELLE PETERSON loves love! But once she got married, she realized that love was not something to find, but something to cultivate, nurture, and grow. After witnessing far too many of her dear friends experience the devastating pain of divorce, she set out to understand as much as she could about what it takes to make a marriage last and then to share that knowledge with everyone she knew. Michelle began as the author of dozens of tweets ending with the hashtag: #staymarried, which evolved into what is now The #staymarried Blog and Podcast on which she works together with her husband to serve hundreds of thousands of couples around the world with her approachable encouragements and research-based tools. Michelle lives with her husband and their three daughters. Learn more at [staymarriedblog.com](http://staymarriedblog.com).

With weekly topics to read and discuss together, Michelle nails it on proposing the type of vulnerable, thought provoking, reflective questions to bring couples closer in intimacy and spiritual connectedness. Michelle's writing style is relatable and warm; her passion for bringing couples closer in their relationship is apparent. I love how this book is a devotional, with weekly topics to span a year; it is the work of marriage in small, easy chunks of checking in, turning toward, and growing closer. I have to say that I am not a religious person, and if I had not been a huge fan of Michelle and her husband's #staymarried podcast, I might have missed out due to my own biases. Michelle speaks to the truth of the spiritual connection in marriage without proselytizing. My husband and I have been married 26 years; it's amazing and it's really hard work. I wish we had this when we were newlyweds, and am ever grateful to have this wisdom available now.

Love love love this book! Purchased for my husband and I's first year wedding anniversary and this has been our weekly extra time to connect and communicate about stuff that we don't normally do on the daily. Each week there's a short and fairly quick read and discussion that we look forward to!

Not all easy to discuss but great topics to learn about each other and connect with!

In a world where relationships and disconnection prevails, Michelle Peterson has crafted the most practical resource for couples to mindfully beat the odds and #staymarried. I sincerely wish I would have had a friend to put this amazing piece of writing in my hands BEFORE I was married. My husband and I would have avoided many drawn out disagreements. This intentional devotion approach has given my husband deep level discussion I didn't know possible. Can't wait to put this book in the hands of all my soon to be or newly married friends and loved one!

Looking forward to using this in my own life and referring it on to friends and clients who fit the bill!

I like to pretend I'm really good at being married. After all, I've done it twice, so I must know a lot about it, right? Wrong. Oh. So. Wrong. What I've noticed is that this most important marriage suffers from the same (and I mean the SAME) problems (give or take) as the one that failed. Not a good realization. Michelle's book (and the website, and the podcast) have helped me see at least some of the concrete ways my communication style fails at critical times. Spending 30 minutes a week with my wife, talking about bite-sized ideas and issues, might seem like--literally--the least I could do. But kind of like a mustard seed and faith, doing such reaps rewards for us we never expected. And conflict, because that can't be avoided, either. I'm thankful for a resource like this that gets right to the heart of each matter, bases itself in real academic resources, roots itself in faith (without clique-y exclusivity), and doesn't assume there's a cookie-cutter answer to every problem between these two people who are undertaking the breathtakingly brave step of intertwining their lives.

As a marriage and family therapist who works with all types of couples I am always on the hunt for resources and this book delivers. Every couple or anyone wanting to be part of a couple (so basically everyone) should buy this book. It doesn't hide from what real marriage looks like... relationships that have miscommunication, hurt feelings and hardships, but through these pages it encourages the reader to stay focused on the problem areas to build strength, looking at solutions and real life practical ways to focus on continuing to stay married. This book is rooted in faith but isn't preachy or just telling you to pray about it in hopes that is the only solution. This book is something that people who aren't religious can still use as a growth tool in their relationship because it's rooted in real life, and let's face it, real life practicality is vital in molding healthy relationships.

Great mix between fun, anecdotal, sound principals, and practical tools. What I love about this book compared to other devotionals we've tried is that it is current, relatable - not cheesy or overly religious - and broadly researched instead of relying mainly on one source or perspective. Thank you for combining a biblical perspective with research and common sense, instead of "the Bible says it, so it's true even though I've taken it completely out of context and original language." Highly recommend!

We love this book! My husband and I enjoy reading through these devotions. They are easy to read and are great jumping off points for discussions about our relationship. The book also feels good in my hands! That may sound silly, but it's important to me. It's pretty and well written. The research is sound too. This book is my new go-to for wedding, anniversary, and engagement gifts!!

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